

# GROUP ONE

Repeat each exercise four times in one breath. If you have any wind left hold the last note with purity of tone until all the wind is exhausted. When the *technic* in each exercise is perfect, increase the speed until you can play it through six times in one breath and set record, later on, to eight times in one breath. This strengthens your *will power* which is quite necessary to become a good player, and teaches *confidence* in playing.

Repeat four times in one breath

Ex. 1 (Met.  $\text{♩} = 80$ )

Relax contract relax contract relax

*p* *mf* long

same

*p* *mf* long

same

*p* *mf* long

same

*p* *mf* long

same

*p* *mf* long

same

*p* *mf* long

same

*p* *mf* long

same

*p* *mf* long

## EXAMPLES FOR ARTICULATION

(Met. $\text{♩} = 80$ )	(Met. $\text{♩} = 100$ )	(Met. $\text{♩} = 172$ )
Slur two... Tongue four	Double tongue	Triple tongue
T— T T T T	T K T K T K	T T K T T K T T K T K